View the chart on the next page for a complete list of ACO options by county.
To be eligible for the ACO, you must live or work in the county where the network is offered. You and your family members must receive care through the same ACO, but you can move freely within the ACO without a referral. Review the chart to see which ACOs are in your area.

Visit [medica.com/uofm](http://medica.com/uofm) to learn more about each ACO network’s unique features and services.

<table>
<thead>
<tr>
<th>Region</th>
<th>Twin Cities area:</th>
<th>Rochester area:</th>
<th>Duluth area:</th>
<th>Crookston area:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Twin Cities metro area</td>
<td>Southern Minnesota and western Wisconsin</td>
<td>Northern Minnesota, southeastern North Dakota and northern Wisconsin</td>
<td>Northwestern Minnesota and northeastern North Dakota</td>
</tr>
</tbody>
</table>

### Available ACOs

- **Park Nicollet First** with Medica®
  - Ridgeview Community Network® powered by Medica
  - Featuring providers from Fairview (which now includes HealthEast), North Memorial Health and many popular independent clinics including Boynton Health and University of Minnesota Physicians.

- **VantagePlus** with Medica®
  - Featuring providers from Fairview (which now includes HealthEast), North Memorial Health and many popular independent clinics including Boynton Health and University of Minnesota Physicians.

### Counties

#### Minnesota counties:

- You must live or work in the 14-county Twin Cities metro area to be able to pick one of the Twin Cities ACOs:
  - Anoka
  - Carver
  - Chisago
  - Dakota
  - Hennepin
  - Isanti
  - Le Sueur

- If you live or work in the 14-county Twin Cities metro area, you can choose any Twin Cities ACO but know that each ACO has counties where the majority of its providers are located:
  - **Park Nicollet First** counties:
    - Anoka
    - Carver
    - Dakota
    - Hennepin
    - Ramsey
    - Scott
    - Washington
  - **VantagePlus** counties:
    - Anoka
    - Carver
    - Chisago
    - Dakota
    - Hennepin
    - Isanti
    - Ramsey
    - Scott
    - Sherburne
    - Washington
    - Wright

- **Ridgeview Community Network counties**:
  - Carver
  - Hennepin
  - Le Sueur
  - McLeod
  - Scott
  - Sibley
  - Wright

- **Medica CompleteHealth** with Medica®
  - Featuring care at Mayo Clinic

- **Essentia Choice Care** with Medica®

### Minnesota counties:

- **Blue Earth**
- **Dodge**
- **Faribault**
- **Fillmore**
- **Freeborn**
- **Goodhue**
- **Houston**
- **Le Sueur**
- **Martin**
- **Mower**
- **Nicollet**
- **Olmsted**
- **Rice**
- **Steele**
- **Wabasha**
- **Waseca**
- **Watonwan**
- **Winona**

### Wisconsin counties:

- **Ashland**
- **Bayfield**
- **Burnett**
- **Douglas**
- **Sawyer**
- **Washburn**
- "partial county"