Long-Term Care Insurance Plan-at-a-Glance

The University of Minnesota is offering Long-Term Care Insurance through LifeSecure, a wholly owned subsidiary of Blue Cross Blue Shield of Michigan. You work hard to build your retirement savings and other assets in preparation for your retirement. Long-Term Care Insurance is designed to help you protect these assets. The cost of long-term care services today is around $79,935 a year* and is projected to be $340,000 a year in 30 years*. If you don’t have Long-Term Care Insurance, the money to pay for these expenses may have to come from your savings or your family. For most of us that means spending the money we have saved up in our retirement savings.

A Simple Solution to Fit your Budget

The LifeSecure Long-Term Care Insurance program may be more affordable than you think. There are a variety of options available to tailor a plan that suits your individual needs.

You can select a monthly benefit between $1,000 and $12,000 (1%, 2% or 3% of benefit bank) and a total benefit bank between $100,000 and $1 million in today’s dollars. For example, if you select a total benefit of $150,000 and elect to access 3%, your monthly benefit would be $4,500.

Below are a few options that include monthly rates based on a selected age band. Simplified underwriting for a benefit bank of $100,000 to $400,000 is available for new hires ages 18-65 within 90 days from their date of hire. Simplified underwriting is also available for spouses who are actively at work**. New hires ages 66–79 and all current full-time employees and their family members require full medical underwriting.

*Genworth 2014 Cost of Care Survey
Standard Benefits:

Eligibility

W-2 employees ages 18-79 who are currently actively at work for a minimum of 20 hours per week can apply with full underwriting.

New hires ages 18-65 have 90 days from date of hire to apply for coverage with simplified underwriting. Spouses must show evidence of being actively at work on a full-time basis** to be eligible for simplified underwriting. New hires ages 66-79 and all family members can apply for coverage with full underwriting.

**Actively at work on a full-time basis means the applicant is between ages 18-65, is a W2 employee who is regularly working 20 or more hours per week at their usual place of employment and has not been absent from work for longer than 5 days during the 30 days prior to signing the application. LifeSecure requires a check stub to verify employment for the spouse.

Eligible family members include: spouses, parents, grandparents, in-laws, adult children (18 and over) and siblings.

You choose an amount between $100,000 and $1 million. (Policy benefits above $400,000 require full underwriting)

Monthly Benefit Access Limit

You choose 1%, 2% or 3%* of your Benefit Bank.

Your Monthly Benefit Access Limit represents the dollar benefit amount available on a monthly basis for your long-term care needs. The original dollar amount is calculated as a percentage of your Benefit Bank. The Monthly Benefit dollar amount cannot be less than $1,800.

*3% Monthly Benefit Access Limit not available for Benefit Bank amounts over $500,000.

Benefit Payout Structure. When you become eligible for benefits, we will reimburse you for incurred long-term care covered expenses up to your Monthly Benefit each calendar month (in accordance with your Plan of Care). Covered expenses include care at home through a home care agency or independent provider, in an assisted living facility, in an adult day care center, or in a nursing home. Hospice care is also covered. In a given month, any un-used Monthly Benefit remains in your Benefit Bank and extends the life of your policy.
If you do not incur covered expenses up to your full Monthly Benefit for a given calendar month, 50% of your monthly benefit that was not used will be available to you as a **Flexible Benefit**.

**Flexible Benefit**

The **Flexible Benefit** is not restricted by the definition of covered expenses. This benefit is designed to provide greater flexibility in the types of care, services and products available to you under this policy, such as: care provided by a family member or other informal caregiver, construction of a wheelchair access ramp, or installation of grab bars in your bathroom. LifeSecure allows use of both formal (licensed) care and informal care in your home during the same month.

Any Monthly Benefit that is not used will be placed back into your Benefit Bank for later use.

**Guaranteed Future Purchase Offers**

This feature is included in your coverage as a standard feature, unless you elect one of the optional inflation protection benefits described under Optional Benefits. Under the Guaranteed Future Purchase Offers, until you reach age 80 or go on claim, you will be offered the opportunity to increase your current Benefit Bank and Monthly Benefit by 15% every three years – regardless of how many times you have declined previous offers. You may accept each offer without submitting evidence of insurability.

**Waiver of Premium**

Your premiums are waived beginning on the first day you start receiving benefits, except under the International Coverage Benefits. As long as you continue to receive benefits, additional premiums will not be required.

**Benefit Wait Period (90 days)**

Once you are verified as Chronically Ill, you must satisfy the Benefit Wait Period, which is similar to a deductible, to begin receiving benefits (including the Flexible Benefits). With LifeSecure, your Benefit Wait Period is based on calendar days, not service days, and you do not need to start receiving paid services in order to satisfy your Benefit Wait Period. It need only be met once during your lifetime.

**LifeSecure Care Advisor Services**

Unlimited access to a LifeSecure Care Advisor is available to you and your family from the day you receive your policy. The LifeSecure Care Advisor can help you with long term care questions, recommendations for care facilities, arrangements for personal care or services, and rate negotiations with providers on your behalf when possible.
Spouse Discounts
If you and your spouse both apply and are accepted, a 30% premium discount will apply to both policies. To qualify for the discount, both individuals must apply for the same policy series.

Optional Benefits:

Automatic 5%
Compound Inflation
Protection Benefit
If you elect this option, we will automatically increase your Monthly Benefit and Benefit Bank by 5% each year. The increase will be effective on each anniversary of your policy effective date, even while you are receiving benefits. This option also qualifies for the Minnesota Long-Term Care Partnership.

Automatic 3%
Compound Inflation
Protection Benefit
If you elect this option, we will automatically increase your Monthly Benefit and Benefit Bank by 3% each year. The increase will be effective on each anniversary of your policy effective date, even while you are receiving benefits. This option also qualifies for the Minnesota Long-Term Care Partnership.

Non-forfeiture Benefit
If this rider is in force for at least three full years, and your policy then terminates due to non-payment of premium, this optional benefit allows you to retain a reduced paid-up amount of coverage. You will have a revised Benefit Bank equal to the greater of: (a) 100% of the sum of all premiums paid by you; or (b) one times your Monthly Benefit. Not applicable if Benefit Bank is exhausted prior to lapse.

New hire employees will also have an initial 90 days after their hire date to elect coverage with simplified underwriting. If you apply after 90 days, you will have to complete full medical underwriting.

To learn more about the University of Minnesota Long-Term Care Insurance plan from LifeSecure:

- To enroll, visit the LifeSecure website
- Call the Long-Term Care enrollment line at 855-549-8911 to talk one-on-one with a Long-Term Care enrollment counselor who can answer your questions and help you enroll.

**Actively at work on a full-time basis means the applicant is between ages 18-65, is a W2 employee who is regularly working 20 or more hours per week at their usual place of employment and has not been absent from work for longer than 5 days during the 30 days prior to signing the application. LifeSecure requires a check stub to verify employment for the spouse.

*Genworth 2014 Cost of Care Survey*