

**F-1 and J-1 Visa Holder
Maximum Hours per Week**

| Maximum Hours Per Week | | | | | |
|--------------------------------|------------------|----------|-----------|----------|----------|
| Week | TC and Rochester | UMD | Crookston | Morris | |
| 2020-2021 Academic Year | | | | | |
| 8/31/2020 | 9/6/2020 | No Limit | 20 | 20 | 20 |
| 9/7/2020 | 9/13/2020 | 20 | 20 | 20 | 20 |
| 9/14/2020 | 9/20/2020 | 20 | 20 | 20 | 20 |
| 9/21/2020 | 9/27/2020 | 20 | 20 | 20 | 20 |
| 9/28/2020 | 10/4/2020 | 20 | 20 | 20 | 20 |
| 10/5/2020 | 10/11/2020 | 20 | 20 | 20 | 20 |
| 10/12/2020 | 10/18/2020 | 20 | 20 | 20 | 20 |
| 10/19/2020 | 10/25/2020 | 20 | 20 | 20 | 20 |
| 10/26/2020 | 11/1/2020 | 20 | 20 | 20 | 20 |
| 11/2/2020 | 11/8/2020 | 20 | 20 | 20 | 20 |
| 11/9/2020 | 11/15/2020 | 20 | 20 | 20 | 20 |
| 11/16/2020 | 11/22/2020 | 20 | 20 | 20 | 20 |
| 11/23/2020 | 11/29/2020 | 20 | 20 | 20 | 20 |
| 11/30/2020 | 12/6/2020 | 20 | 20 | 20 | 20 |
| 12/7/2020 | 12/13/2020 | 20 | 20 | No Limit | No Limit |
| 12/14/2020 | 12/20/2020 | 20 | 20 | No Limit | No Limit |
| 12/21/2020 | 12/27/2020 | No Limit | No Limit | No Limit | No Limit |
| 12/28/2020 | 1/3/2021 | No Limit | No Limit | No Limit | No Limit |
| 1/4/2021 | 1/10/2021 | No Limit | No Limit | No Limit | No Limit |
| 1/11/2021 | 1/17/2021 | No Limit | 20 | 20 | No Limit |
| 1/18/2021 | 1/24/2021 | 20 | 20 | 20 | 20 |
| 1/25/2021 | 1/31/2021 | 20 | 20 | 20 | 20 |
| 2/1/2021 | 2/7/2021 | 20 | 20 | 20 | 20 |
| 2/8/2021 | 2/14/2021 | 20 | 20 | 20 | 20 |
| 2/15/2021 | 2/21/2021 | 20 | 20 | 20 | 20 |
| 2/22/2021 | 2/28/2021 | 20 | 20 | 20 | 20 |
| 3/1/2021 | 3/7/2021 | 20 | 20 | 20 | 20 |
| 3/8/2021 | 3/14/2021 | 20 | No Limit | 20 | 20 |
| 3/15/2021 | 3/21/2021 | 20 | 20 | 20 | 20 |
| 3/22/2021 | 3/28/2021 | 20 | 20 | 20 | 20 |
| 3/29/2021 | 4/4/2021 | 20 | 20 | 20 | 20 |
| 4/5/2021 | 4/11/2021 | No Limit | 20 | 20 | 20 |
| 4/12/2021 | 4/18/2021 | 20 | 20 | 20 | 20 |
| 4/19/2021 | 4/25/2021 | 20 | 20 | 20 | 20 |
| 4/26/2021 | 5/2/2021 | 20 | 20 | No Limit | 20 |
| 5/3/2021 | 5/9/2021 | 20 | No Limit | No Limit | 20 |
| 5/10/2021 | 5/16/2021 | No Limit | No Limit | No Limit | 20 |
| 5/17/2021 | 5/23/2021 | No Limit | No Limit | No Limit | No Limit |
| 5/24/2021 | 5/30/2021 | No Limit | No Limit | No Limit | No Limit |
| 5/31/2021 | 6/6/2021 | No Limit | No Limit | No Limit | No Limit |
| 6/7/2021 | 6/13/2021 | No Limit | No Limit | No Limit | No Limit |
| 6/14/2021 | 6/20/2021 | No Limit | No Limit | No Limit | No Limit |
| 6/21/2021 | 6/27/2021 | No Limit | No Limit | No Limit | No Limit |
| 6/28/2021 | 7/4/2021 | No Limit | No Limit | No Limit | No Limit |
| 7/5/2021 | 7/11/2021 | No Limit | No Limit | No Limit | No Limit |
| 7/12/2021 | 7/18/2021 | No Limit | No Limit | No Limit | No Limit |
| 7/19/2021 | 7/25/2021 | No Limit | No Limit | No Limit | No Limit |
| 7/26/2021 | 8/1/2021 | No Limit | No Limit | No Limit | No Limit |
| 8/2/2021 | 8/8/2021 | No Limit | No Limit | No Limit | No Limit |
| 8/9/2021 | 8/15/2021 | No Limit | No Limit | No Limit | No Limit |
| 8/16/2021 | 8/22/2021 | No Limit | No Limit | No Limit | No Limit |
| 8/23/2021 | 8/29/2021 | No Limit | No Limit | 20 | 20 |
| 8/30/2021 | 9/5/2021 | No Limit | 20 | 20 | 20 |
| 9/6/2021 | 9/12/2021 | 20 | 20 | 20 | 20 |